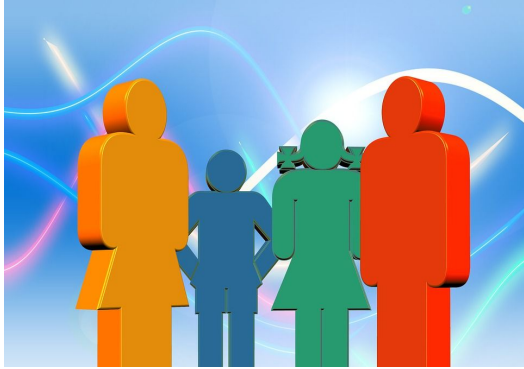


Empowerment Parent Resource Center

June 2018

Volume 2 Issue 2

EPRC Parent Resource Directory now available online.



The Empowerment Parent Resource Center is excited to announce the launch of our EPRC Parent resource directory.

Parents can now access resources needed specific to their family's or loved one's needs directly on line or on a smartphone or tablet.

Parents can connect directly with services and information in the Panhandle designed for families with special needs. Area agencies and community partners are listed on the site. We also have Resource Specialists on hand to help parents find the right type of assistance, even for the most difficult of situations. Our calendar of events is also a part of the resource site. We have links to free trainings available on our Empowerment Parent Resource Center Facebook page. Here you will find a collection of multiple resource trainings available and presented by other agencies such as the Family Network on Disabilities. These are free to parents and available any time they have time.

If you are a community partner and would like to be listed on the site please contact Destry LaBraun at Eprc.nwfl@gmail.com and add "EPRC resource" in the subject line.

Website now available at www.projectempowernwfl.org

Summer Activity resources for families.

Summer Camps for all kinds of kids

Click on link for local listings.

https://drive.google.com/open?id=1AAj6yrXldTFMoYU_-C98yRR8-juhYCyHNGDpLVMpyQs

Possible funding opportunities for Camp

<https://drive.google.com/open?id=19qIGpM0mqVPwIqtnwIjCnJuk8eVuWSHAW8VrHcnNHE>



9gWUa VJU7 ci blmi5 fYUHfUbgJhiGi a a Yf'K \ YY'g' Mci H 'DUgg'Dfc[fUa and free Pensacola Beach trolley season will launch Memorial Day weekend and run through Labor Day weekend.

The free Pensacola Beach Trolley service is funded through the Santa Rosa Island Authority and open to riders of all ages from Friday, May 25 through Labor Day weekend. The trolleys will run seven days a week, from 4 p.m. to midnight. The trolley has 35 stops along the beach, from the Fort Pickens gate to Portofino Island Resort. To receive a free Summer Wheels Pass, bring your kids and their photo IDs to ECAT's main office located at 1515 W. Fairfield Drive, Monday through Friday, from 9am to 5pm. To print the Summer Wheels Pass online and to view complete application details, click [here](#). For more information about ECAT and its routes, visit goecat.com, email ecat@myescambia.com or call 850-595-3228.

@ k k ZxJn| {a " k ujntk ZI {<xn` xMk `UZb` `azjX`b " H ŁSt xZy{fZ,`



MI X`ž Z' | I bM`@xb` `y`Aaby`by`M{, n`, ZZi `uxn` xMk`
n_Zk ujntk ZI {`uxZuM{M{bni` , nxi yanuy`MI X`XbZV{`
ujMzk ZI {` , b{a`MjnVMj`Zk ujntZx`@| XZI {y`ZM{`
ÓBÛÛ`_nx`uM{b{b{uM{b` `ŞÓBÛ`_nx`{xM{yunx`M{bni`
Vny`y`MI X`M{M{UJZ`{`M`{aZ`Vnk ujZ`bni` a`H`Z`Mjyn`
aMfZ`yZfZxMj`U| yb ZyyZy`{aM`aMfZ`Xnl MZX`j| I Va`
yn` , Z` , bjj`aMfZ`MfM{Z`{t`n`_nnX`Uxn|` `a`{b` {aZ`

_by{` , ZZi` a`*`{yan|jX`UZ`M` xZM`Z` .uZxZi VZE`An`xZ` by{ZxSMj`j` t` axby`| Zt`M`
āppāāāāSZ` .{`a`YŸŸ`a`

9DF7 \ Y`dg`j`b`_`ZUa` J`JYg`tc`

**fYgci fWg`H` Y`mUa` `Uih` Y9a dck Yfa YbhDF7`
`Ug`VYYb`fYUW`j`b`[` `ci` htc`ZUa` J`JYg`tc` \ Yd`j`b`_`tc`
fYgci fWg`j`b`H` YVt`a` a` i` b]m`K`YVU`b` \ Yd`nci` `UbX`
nci` f`ZUa` J`nik`j`H` `Vt`bb`YWj`cbg`j`b`H` YVt`a` a` i` b]m`UbX`
`cWU`DUb` \ UbX`Y`Yj` Ybfg`H` Uih`Uf`Y`Z`j`YbX`mitc`ci` f`
ZUa` J`JYg`UbX`gl` UfYX`cb`ci` f` : 5796 CC?`dUj` Y`Please
like and share this local resource page with others in
the community at Empowerment Parent Resource
Center on Facebook. `Zk` YVU`b` \ Yd`nci` f`ZUa` J`m`j`b`_`
tc` fYgci fWg`cb`Ug`Uih`UbX`cWU`Yj` Yžd`YUgY`Yhi`g`
_bck`"**

EPRC Parent Resource Center

Parent Portal for resources.

www.projectempowernwfl.org

FSU Card and EPRC plans

Life Stories Transition Conference

Let Us Help You Write Yours

Date: *September 14, 2018*

Time: 9 am – 4 pm

Location: Marcus Pointe Baptist Church
6205 N. W street
Pensacola, FL 32505

The conference will host speakers from multiple agencies to help families and professionals plan transitions for young adults and adults with special needs. “Life Stories. Let us Help You Write Yours” is a Transition Summit packed with information and education for individuals with special needs, families, teachers, and professionals regarding transition from post-secondary education to life. Conference tracks will include College and Vocational Planning, Career Planning, Supported and Independent Living, Mental Health and Community Supports and much more. The summit format will feature panel discussions followed by breakout sessions to provide a more in-depth description of services, opportunities, and strategies.

Early Registration link : afuy@mu.edu

The P.U.R.E. Empowerment Center (a service of The Empowerment Parent Resource Center) hosts a free coffee social for the community every Friday, in The HUB coffee shop, located in Marcus Pointe Baptist Church, Building B, Door 1. Come share a cup, 10 am to 11:30 am. No strings attached.

EPRC and PURE Friendship have partnered to teach independence through life skills to our neighbors living with disabilities.

Each Friday begins at 10am with a Coffee Social, followed by an exercise and nutrition course; the time for the exercise class is 11:30-12:30p

Every Friday from 10 am to 1:30 pm the PURE Empowerment Center meets at Marcus Pointe Baptist Church for a time of Socializing, Exercise and Art Therapy. During our PURE Fitness Class, our students learn how to make better choices related to their overall health and fitness while being lead through a formal exercise class.

This is a chance for young adults with disabilities to meet, socialize and participate in a variety of classes pertaining to exercise, nutrition and health.

Please contact Destry LeBrun at dlebrun@me.com 850-444-8554



: Ua Jmi7 UfY7 ci bW7 gYY_g`bYk `a Ya VYfg`

Family Care Council Area 1 serves the Florida Panhandle: Escambia, Santa Rosa, Okaloosa and Walton counties. Family Care Council Area 1 helps educate our local community and serves as a resource for these individuals while promoting community involvement for those with disabilities.

The council invites individuals, families, parents, caregivers and professional staff who serve our families, to a monthly meeting held the third Thursday of the month. Meetings are free and open to the public. A light snack or lunch is served. Discussion often involves current changes happening on a state level concerning services for our family members with disabilities. Other times, we are able to locate and connect families to local agencies to assist in finding resources for families. Family Care Council is a strong advocate locally and statewide, and assists individuals to better be an advocate for themselves. FCC Meetings Held 3rd Thursday From 11 am to 12:30 pm 160 W. Government St., Pensacola, FL. Room 412 (No meeting in December)

Parent Support Groups



- Grandparents of Autism Pensacola (GAP): Meets at the Autism Pensacola office (3916 N 10th Ave) on the third Friday of each month at 10am.
- Autism Pensacola Council: Meets at the Autism Pensacola office on the fourth Thursday of each month at 10am.
- Neighborhood Lighthouse group meets in Milton the 3rd Tuesday of the month from 6:30 to 9pm. Child care is available. Contact EPRC for more info.
- Pensacola Exceptional Parent Connection: Meets the last Thursday of the month at the Arc Gateway Pollak Training Center. Check Facebook for more information.

Please email your support group meeting dates and times to eprc.nwfl@gmail.com



Respite Opportunities for Families!

° WZyy'2 b by{xt 'M' 1bf b ` 'Ax| {a t a| xVa 'uxn fBXZy'M_xZZ 'xZyub{ZS{tubMj}t' {aZ' yZVnl X'@M| xM'n_ZfZxt'k nl {a^?Z' by{xM|bnl 'by'xZw| bZX'M X'VM 'UZ'_n| I X'Ut' VjM b ` 'nl {aZ'xZyub{Z'U| {{nl 'M', . . . 'ajbf b ` {x| {aVa| xVa^Vnk a''AaZt'yZxfZ'_Nk bZy' _xnk 'Üuk {n'âuk 'M'ääää'Étxnk 't Nk uUZjj'?nNk' b ` <NWZ^AaZt', ZjVnk Z'Un{a {aZ' yuZVnyj'il ZZxy'ValjX'M X' {aZbx'yubj b ` y^AaZt'MZ'V| xxZI {j't'NWZu{b ` 'nl jt' {ZI' _Nk bZy'Z'Nwa'k nl {a {n'ZI y| xZ' {aZt'VM 'uxn fBXZ' MyMZ' M X' _| I 'ZI fbnl k ZI {a''*_ {aZt'MZ' _| jjS{aZt'ujNWZ'_Nk bZy' bxy'nl {aZ'jby' _nx' {aZ' _njjn, b ` 'k nl {a''<jZNyZ' Wj' /NZX'5, ZI y'M'ääÜ'áää'1ääBâ' _nx'k nxZ' b ` _nxk M|bnl a'



" <?† <B?" " xZl Xyabu 2 b by{xZyn_ZxyxZyubZ {n_Nk bZy, b'a VabXxZl , b'a yuZVbYl ZZxyZfZxt {abX@M| xXM b <Zl yWhjM AaZxZ'MZ jk bZX'yn{y'MfMjZ'ZWa'k nl {a'' nxyMZ{tS{aZt _njjn, 'MÜ{Z'Wazx{n'ß'y{| XZl {xMbm''<jZMz'Z. {µ'Vj} ž Zy{xt'M' ääÜ'Pää'ßääÜ{n'k MIZ'tn| x'xZyZxfMlml a''ž ZMxjb Z'_nx' xZyZxfMlml y'byl nnl {aZ'XM'UZ'_nxZ {aZ'ZfZl {a'† Mj'ZMjt'MIX' xZyZxfZ'MujWZ'_nx'tn| x'VabX'' jyn'yZZ', , , 'au| xZ_xZl Xyabu'nx' 'nl 'n|x' WZUnni uMZ'a

Additional Community resources from our Community Partners.



Resource Guide to Special Services
Compiled by FDLRS (Escambia, Okaloosa and Santa Rosa counties)Resource guide

https://drive.google.com/open?id=1QGrqfQa_NykiGGPid7kqbhjEe8i3LMU7

Questions, Comments, need resources and information
Please contact us at 850-444-8554
Email: Eprc.nwfl@gmail.com
www.projectempowernwfl.org